



This self-learning course is designed for those people who have an interest in learning about celiac disease. This course will be of great use for health care workers such as personal support workers, licensed practical nurses, workers in senior's residences, day care workers, schools and meals on wheels. In particular people who are involved in any way in the preparation and serving of meals to persons with celiac disease such as chefs, cooks, children day care workers, school cafeteria workers, volunteers, family and friends.

### **Registration**

The fee for this online course is \$50.00. If your institution has a continuing education department, they may be interested in paying a portion of this fee. If you need to evaluate the course for a group of students, please contact [info@celiac.ca](mailto:info@celiac.ca) to arrange for an evaluation license.

### **Course Details**

The purpose of this course is to acquire knowledge and continuing education about celiac disease so that you can assist your clients to eat a safe gluten-free diet. There are eight sections, each with an objective detailing what you will learn about celiac disease.

When you have completed this course, you will be able to:

- Describe the characteristics of celiac disease
- List common symptoms of celiac disease.
- Know how celiac disease is diagnosed.
- Understand what is meant by a gluten-free diet.
- Know which foods are gluten-free.
- Know which foods are not gluten-free.
- List common sources of cross contamination of gluten-free foods.
- Describe ways to prevent cross contamination of gluten-free foods.

### **Completion Test**

When you have completed the course and feel you are ready to write the test to obtain your Statement of Achievement, click on the button displayed. You may find it helpful to redo the pre-learning exercises as a review.

The test has 29 multiple choice questions. Click on the one best option for each question. The option letter you choose will change from dark blue to black. At the bottom of the page for each question is a statement to tell you how many questions you have answered.

### **The passing score is 70%.**

When you are successful, a screen will be displayed for you to fill in with your name and email address. This is how you will be sent your Statement of Achievement. Below this information, are the answers that

you gave to each question. This statement can be kept for your own information or shown to you workplace leader as part of your continuing or in-service education. If your score is less than 70%, you can review the course and then try the test again.

For more info and to enroll go to <http://www.celiac.ca/wp/>